



**PLAN TO ATTEND LEADER CENTER'S  
BIGGEST FUNDRAISER OF THE YEAR—  
SURE TO BE A GREAT TIME!**

**FRIDAY, SEPTEMBER 11—5:00 to 8:00 PM**

Tickets on sale now! More details inside, in  
"From the Director's Desk" on page 2.

## From the Director's Desk

What's an "*Evening in Monte Carlo*", you are wondering? Well, I am SO glad you asked!...

For Leader Center, our *Evening in Monte Carlo* on Friday, September 11, here at the Center, will be a big, important community event and fundraiser. This year, it replaces the pickleball tournament fundraiser we've held the past few years. Guests will purchase tickets for the event (\$50 prior; \$60 at the door), either at the Center or online. With your ticket, you will enjoy relaxed casino-style gaming led by friendly dealers who are happy to teach you the games and help you have lots of fun playing them. You will automatically receive raffle tickets that you'll be able to deposit for chances to win fabulous prizes—plus, you can win more raffle tickets at the gaming tables. Also included in your admission will be a buffet of fabulous small foods, desserts, and beverages. Pick up an event flyer at the front desk and please spread the word about our *Evening in Monte Carlo* to your friends and family (over age 21); community members are very welcome!

Also back by popular demand this time of year is our annual Cash Raffle. Every member household is encouraged to participate by picking up a packet of tickets that will be prepared for you and available in the lobby mid-July through mid-August. Please consider selling or buying your 10 raffle tickets for the drawing that will be held at the September 18 luncheon social. See details below.

Less than 40% of the Center's revenues come from annual membership donations; the rest of our operating income is comprised of donations, grants, and fundraisers. Let's make the annual Cash Raffle and our *Evening in Monte Carlo* both HUGELY successful fundraisers, all to support the Center's many and varied offerings and to help ensure its continued strength and vitality.

Thank you! *Ana Marie*

## Annual Cash Raffle

*Proceeds Benefit Programming*

**Drawing at the September 18 Social**

(need not be present to win)

Pick up your ticket packet in the lobby mid-July through mid-August. Any packets not picked up will be mailed. Please consider buying/selling your ticket packet—thank you for your support!

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**Ticket Price: \$1 Each**

**Prizes Awarded:**

**1st=\$300    2nd=\$150    3rd=\$50**

## **Coming Events:**

**Tuesdays—Monthly Meditation—1:00PM.** This 45-min meditation session is designed to help calm your mind and body. Feel free to bring items to be comfortable, including a pillow to sit on or a mat for the floor if you'd like to lie down. Offered every Tuesday in July!

**Wednesday, July 8—Special Art Club: Seasonal Cards—1:00PM.** Members Beth H. and Karen H. help you make lovely patriotic and summer cards using scrapbooking and watercolors techniques. Other Wednesdays, Karen will help you with a watercolor project, or bring your own project and supplies to work alongside friends. Please RSVP for the July 8 class by 7/6/26.

**Friday, July 10—Leader Crafts: Jewelry Repair—11:00AM to Noon.** Need a jewelry repair? We have the service for you, courtesy of friends Cathy G. and Sabrina P.! Bring broken jewelry that does not require soldering nor need gold/silver replacement pieces. Repairs are free; donations of broken/unwanted jewelry accepted.

**Friday, July 10—Friday Flix—1:00PM.** We'll show the 2004 film "National Treasure." Historian and code-breaker Ben Gates (Nicolas Cage) has been searching his whole life for a rumored treasure dating back to the creation of the United States. Gates finds a clue linking the treasure to the Declaration of Independence, but when Howe betrays him, Gates has to race to get to the document ahead of his former colleague. Hot dogs and popcorn will be served!

**Wednesday, July 15—Treats in the Lobby—9:30 to 11:30 AM.** Stop to say "hi" to Alyssa from PAM Health. Learn about PAM's brand-new rehabilitation hospital that specializes in intensive recovery services for severe injuries, strokes, major surgeries, and chronic illnesses.

**Friday, July 17—Members' Monthly Social—11:30AM.** Join us for a delicious lunch of watermelon salad, pulled pork, rice and beans, vegetable medley, and Tres Leche cake, catered by Country Meadows. After lunch, we'll enjoy the keyboard/guitar/vocalist music of "Dovetail," comprised of husband and wife musicians John and Joreen Kelly. Cost is \$12.00. RSVP by Thursday, 7/9/26. Please remember that the

monthly social is a "members only" event.

**Thursday, July 23—Medicare 101—9:00 to 11:00AM.** Shannon Vallier from the PA MEDI Program will be on-site to go over the basics of Medicare Parts, comparisons between Medicare Advantage and Medicare Supplement Plans, and your questions. No RSVP needed.

**Friday, July 24—"Happy 250th, America!"—1:00 to 2:30.** Wear your red, white and blue and celebrate the momentous occasion of our country's founding by joining us on the patio for vanilla ice cream and homemade blueberry sauce, along with music and some fun (but optional) Americana trivia! Please RSVP by 7/22/26.

**Monday, July 27—Book Club—2:30PM.** *The Best of Friends* by L. Berry

**Thursday, July 30—Tech Talk with Kim—1:00PM.** Kim will review the ways your iPhone or iPad can be helpful in emergencies. Plus, bring your general questions about iPads and iPhones. All members welcome!

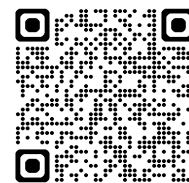
## **CLASS UPDATES**

**Daily 10:00 AM DVD Class—**Starting in July, on Thurs. mornings only, instead of Anne Burnell's Strength DVD at 10:00 AM, we will show Julie's Improved Health (with the palm trees) seated workout. We also will still offer Julie's seated video workouts on Tuesdays at 2:00 PM.

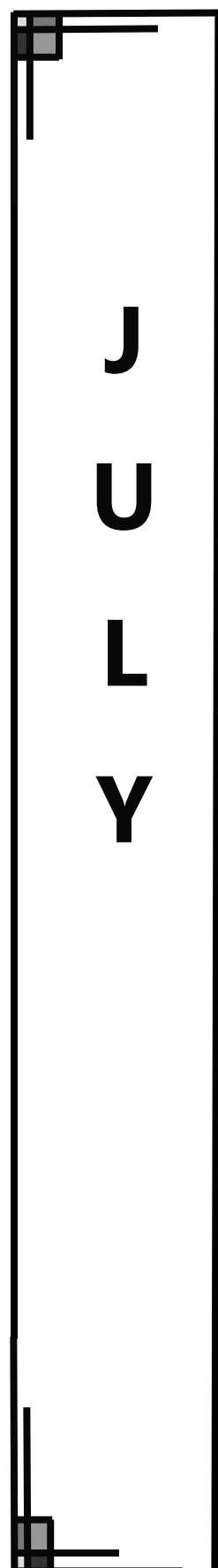
**Tap—**Welcome back to instructor Michele and BIG thanks to Lynne for faithfully leading tap practice in Michele's absence!

**Beachball Volleyball—**This group is growing! And having lots of fun! Come on Thursdays at 11:00 to knock a beachball over a net, whether standing or sitting!

**Purchase tickets for  
EVENING IN MONTE CARLO  
at LCAL or online here:**



\* denotes RSVP needed



Monday	Tuesday	Wednesday
<div style="border: 2px solid black; padding: 10px; margin: 0 auto; width: 80%;"> <p><b>July Intermediate Bridge Coordinators:</b></p> <p><b>Tuesdays: Kate S., 717-575-6877</b></p> <p><b>Fridays: Sara Z., 717-533-8421</b></p> </div>		<p><b>1</b></p> <p>8:30 Pilates            10:00 Strength &amp; Stretch dvd            10:30 Line Dance            1:00 Bingo            1:00 Art Club            1:30 Zumba Gold            2:30 Silver Sneakers            6:00 Pilates @ CM</p>
<p><b>6</b></p> <p>8:15 Silver Sneakers            8:30 Pilates            9:15 Strengthening w/ Sara            10:00 Strength &amp; Stretch dvd            10:30 Line Dance            1:00 Knitting            1:00 Penny Poker            1:30 Zumba Gold            2:30 Beginner Ukulele            6:00 Pilates @ CM</p>	<p><b>7</b></p> <p>9:00 Tai Chi, Yoga            10:00 Chair Yoga            10:00 Strength &amp; Stretch dvd            11:00 Advanced Tap            11:30 Drum Fitness            12:00 Intermediate Bridge            12:00 Hand &amp; Foot            12:30 Pinochle            1:00 Meditation            2:00 Seated Video Workout</p>	<p><b>8</b></p> <p>8:30 Pilates            10:00 Strength &amp; Stretch dvd            10:30 Line Dance            1:00 Bingo            *1:00 Art Club            1:30 Zumba Gold            2:30 Silver Sneakers            6:00 Pilates @ CM</p>
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<p><b>20</b></p> <p>8:15 Silver Sneakers            8:30 Pilates            9:15 Strengthening w/ Sara            10:00 Strength &amp; Stretch dvd            10:30 Line Dance            1:00 Knitting            1:00 Penny Poker            1:30 Zumba Gold            2:30 Beginner Ukulele            6:00 Pilates @ CM</p>	<p><b>21</b></p> <p>9:00 Tai Chi, Yoga            10:00 Chair Yoga            10:00 Strength &amp; Stretch dvd            11:00 Advanced Tap            11:30 Drum Fitness            12:00 Intermediate Bridge            12:00 Hand &amp; Foot            12:30 Pinochle            1:00 Meditation            2:00 Seated Video Workout</p>	<p><b>22</b></p> <p>8:30 Pilates            10:00 Strength &amp; Stretch dvd            10:30 Line Dance            1:00 Bingo            1:00 Art Club            1:30 Zumba Gold            2:30 Silver Sneakers            6:00 Pilates @ CM</p>
<p><b>27</b></p> <p>8:15 Silver Sneakers            8:15 Pilates            9:15 Strengthening w/ Sara            10:00 Strength &amp; Stretch dvd            10:30 Line Dance            1:00 Knitting            1:00 Penny Poker            1:30 Dance Party w/Georgina            2:30 Book Club            6:00 Pilates @ CM</p>	<p><b>28</b></p> <p>9:00 Tai Chi, Yoga            10:00 Chair Yoga            10:00 Strength &amp; Stretch dvd            11:00 Advanced Tap            11:30 Drum Fitness            12:00 Intermediate Bridge            12:00 Hand &amp; Foot            12:30 Pinochle            1:00 Meditation            2:00 Seated Video Workout</p>	<p><b>29</b></p> <p>8:30 Pilates            10:00 Strength &amp; Stretch dvd            10:30 Line Dance            1:00 Bingo            1:00 Art Club            1:30 Dance Party w/Georgina            2:30 Silver Sneakers            6:00 Pilates @ CM</p>

Thursday	Friday
<b>2</b> 8:30 Dolls 9:00 Yoga, Chair LaBlast 10:00 LaBlast 10:00 Improved Health dvd 11:00 Beginner Tap 11:00 Beach(ball) Volleyball 12:00 Hand & Foot, Scrabble 12:30 Pinochle 1:00 Tai Chi 2:00 Living After Loss SG	<b>3</b> <b>CLOSED!</b> 
<b>9</b> 8:30 Dolls 9:00 Yoga, Chair LaBlast 10:00 LaBlast 10:00 Improved Health dvd 11:00 Beginner Tap 11:00 Beach(ball) Volleyball 12:00 Hand & Foot, Scrabble 12:30 Pinochle 1:00 Tai Chi	<b>10</b> 8:15 Silver Sneakers 8:30 Pilates 9:00 Mah Jongg 9:15 Strengthening w/ Sara 10:00 Strength & Stretch dvd 10:30 Line Dance 11:00 Jewelry Repair 12:00 Intermediate Bridge 1:00 Friday Flix
<b>16</b> 8:30 Dolls 9:00 Yoga, Chair LaBlast 10:00 LaBlast 10:00 Improved Health dvd 11:00 Beginner Tap 11:00 Beach(ball) Volleyball 12:00 Hand & Foot, Scrabble 12:30 Pinochle 1:00 Tai Chi 2:00 Living After Loss SG	<b>17</b> 8:15 Silver Sneakers 8:30 Pilates 9:00 Mah Jongg 9:15 Strengthening w/ Sara 10:00 Strength & Stretch dvd <b>*11:30 Monthly Social</b> 12:00 Intermediate Bridge
<b>23</b> 8:30 Dolls 9:00 Yoga, Chair LaBlast 10:00 LaBlast 10:00 Improved Health dvd 11:00 Beginner Tap 11:00 Beach(ball) Volleyball 12:00 Hand & Foot, Scrabble 12:30 Pinochle 1:00 Tai Chi	<b>24</b> 8:15 Silver Sneakers 8:30 Pilates 9:00 Mah Jongg 9:15 Strengthening w/ Sara 10:00 Strength & Stretch dvd 10:30 Line Dance 12:00 Intermediate Bridge <b>*1:00 "Happy 250th, USA"</b> Patio Celebration
<b>30</b> 8:30 Dolls 9:00 Yoga, Chair LaBlast 10:00 LaBlast 10:00 Improved Health dvd 11:00 Beginner Tap 11:00 Beach(ball) Volleyball 12:00 Hand & Foot, Scrabble 12:30 Pinochle 1:00 Tai Chi	<b>31</b> 8:15 Silver Sneakers 8:30 Pilates 9:00 Mah Jongg 9:15 Strengthening w/ Sara 10:00 Strength & Stretch dvd 10:30 Line Dance 12:00 Intermediate Bridge

*Life is good...* when you can spend time with family and friends, when there's always plenty to do and when delicious professionally prepared meals are served restaurant style. Our residents enjoy entertaining activities and opportunities to engage with the community both inside and outside our campus, always knowing assistance is never more than a few steps away, if needed. To learn more, call or visit us today. Life is good... at Country Meadows.

*...when you have your favorite pet by your side*

*...when new neighbors seem like old friends*

*...when there's always someone there to help if you need it*

*...when the food is fresh, tasty & nutritious*



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# Spirit of US

## “Happy Birthday, America!”

Presented by Elva Hurst

Wednesday, July 1st

1:30PM

Country Meadows of Hershey,  
Rose Room

Elva is doing her part to revive the old-time art of Chalk Talk. Her live drawings are an experience you will never forget! Elva's Chalk Talks are fun, motivational, and inspiring. She offers programs for all ages, sharing stories through fluorescent chalk, music, and sound effects. This special program will highlight the history of America's anthem, motto, prayer, and pledge while exploring other meaningful moments throughout our nation's history.

RSVP to Kris or Shannon  
(717) 533-6996

EDE 451 Sand Hill Road, Hershey



**THANK YOU to ROTARY CLUB OF HERSHEY & ROTARY DISTRICT 7390**  
for awarding  
Leader Center for  
Active Life a generous  
Rotary District Grant!

With Roary's support, Leader Center was able to purchase much-needed supplies, equipment, and furniture to support our regular programs and activities.



It was so nice to be joined by local Rotarians at our April lunch social, to celebrate our collaboration to benefit Leader Center!

Rotary Club of Hershey is one of the area's most active service organizations, serving locally and world-wide. Check out the club's valuable work and membership info at:  
<https://hersheyrotary.org/>

### THE BALD EAGLE by LCAL Member Susan Dingle

It could have been another bird that graced our nation's seal.

If Ben Franklin were to have his way, the turkey'd fit the bill.

But as it stands the eagle lands upon that olive limb.

So in spite of Franklin's protesting the turkey didn't win.

The bald eagle soars across our land from sea to shining sea.

Representing freedoms past and freedoms yet to be.

But looking back some fifty years, the bird was seldom seen.

We almost wiped him off the earth by using DDT.

We're smarter now about our land.

We're taking better care.

So go enjoy your BBQ and know our eagle's there.

*Happy 4th, everyone!*

# Leader Travel



## Penn's Peak Lunch/Concert "Piano Man Meets Rocket Man: Tribute to Billy Joel & Elton John" Wednesday, September 30, 2026

We depart Leader Center at 9:30 AM and travel to Penn's Peak, a beautiful mountaintop entertainment venue located in Jim Thorpe, PA. We start with a luncheon that is served to us family-style before the 1:00 show, which is getting rave reviews as an exciting and engaging live musical tour through two piano legends' greatest hits. A 7-piece band performs Billy's and Elton's music and there also are solo appearances by both tribute artists, culminating in a finale in which Billy and Elton "trade" hits in a unique and enjoyable way! We'll depart after the show and arrive back at Leader Center at approximately 6:00 PM. Ticket price is \$129 and includes transportation, lunch, show, and meal gratuity/tax. Call or stop in today to make payment and reserve your spot!

Notes: Payment must be received in order for your ticket to be secured. No refunds for cancellations unless LCAL is able to resell your ticket. Trips are open to non-members. Guests under 18 years of age must be approved by the Director.

### Member Quote

*"After Silver Sneakers, everything that was hurting me before class feels SO much better!"*

### "Evening in Monte Carlo" Wish List

Some items that would make great prizes!:

- 1) A few days in a time-share
- 2) Gift certificates to local businesses

Can you or someone you know help with one of these? Please see Annamarie!



You've worked hard to achieve success. You deserve financial advisors who *work as hard for you.*

**Call us today for the personal service you deserve.**

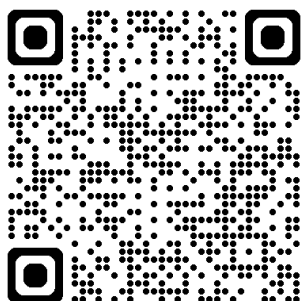
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Leader Center for Active Life  
605 Cocoa Ave  
Hershey, PA 17033



605 Cocoa Ave  
Hershey, PA 17033  
Phone: (717) 533-2002  
www.leaderactivelife.org

Leader Center for Active Life strives to positively impact our community by promoting healthy aging through social engagement, physical and emotional well-being, civic involvement, creative offerings, and lifelong learning for those over 50 years of age.

Leader Center for Active Life is an independent, non-profit organization, depending solely on private funding and endowments to operate. Although there is no formal dues structure, members are expected to contribute a donation of at least \$125 per year.

**Megan Marshall:**  
Chair of the Board of Directors  
**Annamarie Fazzolari:** Executive Director  
**Kathy Sicher:** Office Coordinator  
**Kathy Giovanniello:** Administrative Assistant  
**Kim Reese:** Membership Coordinator

### Dates to Remember

7/10—Friday Flix

7/17—Members' Monthly Social

7/23—Medicare 101

7/24—"Happy 250th, America!"

7/27—Book Club

7/30—Tech Talk